

# October 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BIRCHWOOD RECREATION CALENDAR</b> ACTIVITY LEADER KEY: C = CASEY N = NATASHA M = MARGARET K = KAYLA A= ADAM	<b>1</b> 9:30 Morning Sounds - C 10:00 Exercise with stretch bands – C 10:30 Brain Games - C 11:30 <i>Wheel of Fortune!</i> - C 1:00 Painting Expressions- N 2:00 Music Sing-a-long - N 3:00 Game time- C 4:15 Wii Bowling League – C 6:00 Feature Movie Presentation	<b>2</b> 9:30 Music for the Soul - N 10:00 On this day in History - N 10:30 Fitness Challenge - N 11:00 You be the Judge - N 11:30 Word Games - N 1:00 Trivia Challenge - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M	<b>3</b> 9:30 Rock ‘n’ Roll classics - N 10:00 Church Service 10:30 Workout Wednesday - N 11:00 Mad Lib Fun- N 12:00 Nok Hockey Tournament - A 1:30 Horse Racing - N 2:30 Jewelry making- C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>4</b> 9:30 Music Relaxation - N 10:00 Current Events - N 10:30 Cardio Exercises - N 11:00 Finish the Lyrics- N 11:30 Crosswords - N 1:30 Name 5 - K 2:00 Karaoke sing along- C 3:00 Board Games - C 4:15 Wii <i>Family Feud</i> edition - K	<b>5</b> 9:30 Music of the 50’s - M 10:00 On this day in History - M 10:30 Ball therapy exercises - M 11:00 Synonyms – M 11:30 Hang Man – M 12:00 <i>The Million Dollar Pyramid</i> - M 1:30 Name the tune - K <b>2:00-3:00 Entertainment- John Bracco</b> 4:00 Wii Bowling League - K	<b>6</b> 9:30 Soulful sounds - K 10:00 Saturday morning stretch - K 11:00 Brain strengthening games- K 11:30 <i>Wheel of Fortune</i> - K 1:00 Art Therapy – M 2:00 <i>Are you smarter than a 5<sup>th</sup> grader?</i> - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M
<b>7</b> 9:30 Dance to the Music 10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> – C 11:00 Family Feud - C 11:30 Wacky Wordies! - C 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track – C 3:30 <i>Deal or No Deal</i> - C 4:15 <i>Hollywood Squares</i> - C	<b>8</b> 9:30 Morning Sounds - C 10:00 Exercise with stretch bands – C 10:30 Brain Games - C <b>11:30 Make your own Ice Cream Sundae</b> 1:00 Painting Expressions - N 2:00 Music Sing-a-long - N 3:00 Game time- A 4:15 Wii Bowling League – A Columbus Day	<b>9</b> 9:30 Music for the Soul - N 10:00 On this day in History - N 10:30 Fitness Challenge - N 11:00 You be the Judge - N 11:30 Word Games - N 1:00 Trivia Challenge - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M	<b>10</b> 9:30 Rock ‘n’ Roll classics - N 10:00 Church Service 10:30 Workout Wednesday - N 11:00 Mad Lib Fun- N 12:00 Nok Hockey Tournament - A 1:30 Horse Racing - N 2:30 Jewelry making - C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>11</b> 9:30 Music Relaxation - N 10:00 Current Events - N 10:30 Cardio Exercises - N 11:00 Finish the Lyrics- N 11:30 Crosswords - N 1:30 Name 5 - K 2:00 Karaoke sing along- A 3:00 Board Games - A 4:15 Wii <i>Family Feud</i> edition - K	<b>12</b> 9:30 Music of the 60’s - M 10:00 On this day in History - M 10:30 Ball therapy exercises - M 11:00 Synonyms – M 11:30 Hang Man – M 12:00 <i>The Million Dollar Pyramid</i> - M 1:30 Name the tune - K <b>2:00-4:00 BIRTHDAY BASH Entertainment – The New Yorkers</b>	<b>13</b> 9:30 Soulful sounds - K 10:00 Saturday morning stretch - K 11:00 Brain strengthening games- K 11:30 <i>Wheel of Fortune</i> - K 1:00 Art Therapy – M 2:00 <i>Are you smarter than a 5<sup>th</sup> grader?</i> - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M
<b>14</b> 9:30 Dance to the Music 10:00 Chair Yoga – C 10:30 <i>Jeopardy!</i> – C 11:00 Family Feud - C 11:30 Wacky Wordies - C 1:00 Art Therapy <b>2:00- 3:00 Entertainment – Thomas Adamo</b> 3:15 Afternoon at Belmont Race track - C 4:15 <i>Hollywood Squares</i> - C	<b>15</b> 9:30 Morning Sounds - A 10:00 Exercise with stretch bands – A 10:30 Brain Games - A 11:30 <i>Wheel of Fortune!</i> - A 1:00 Painting Expressions - N 2:00 Music Sing-a-long - N 3:00 Game time- A 4:15 Wii Bowling League – A 6:00 Feature Movie Presentation	<b>16</b> 9:30 Music for the Soul – N 10:00 On this day in History - N 10:30 Fitness Challenge - N 11:00 You be the Judge - N 11:30 Word Games - N 1:00 Trivia Challenge - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition – M	<b>17</b> 9:30 Rock ‘n’ Roll classics - N 10:00 Church Service 10:30 Workout Wednesday - N 11:00 Mad Lib Fun- N 12:00 Nok Hockey Tournament - N 1:30 Horse Racing - N 2:30 Jewelry making - C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>18</b> 9:30 Music Relaxation - N 10:00 Current Events - N 11:00 Cardio Exercises - N 10:30 Finish the Lyrics - N 11:30 Crosswords - N 1:30 Name 5 - K 2:00 Karaoke sing along - A 3:00 Board Games - A 4:15 Wii <i>Family Feud</i> edition - K	<b>19</b> 9:30 Music of the 70’s - M 10:00 On this day in History - M 10:30 Ball therapy exercises - M 11:00 Synonyms – M 11:30 Hang Man – M 1:30 Name the tune – K 2:00 <i>Smarty Pants</i> Trivia- K 3:30 Card Games - K 4:15 Wii Bowling League - K	<b>20</b> 9:30 Soulful sounds - K 10:00 Saturday morning stretch - K 11:00 Brain strengthening games- K 11:30 <i>Wheel of Fortune</i> - K 1:00 Art Therapy – M 2:00 <i>Are you smarter than a 5<sup>th</sup> grader?</i> - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M
<b>21</b> 9:30 Dance to the Music 10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> – C 11:00 Family Feud - C 11:30 Wacky Wordies - C 1:00 Art Therapy <b>2:00- 3:00 Entertainment – John Clancy</b> 3:15 Afternoon at Belmont Race track - C 4:15 <i>Hollywood Squares</i> - C	<b>22</b> 9:30 Morning Sounds - A 10:00 Exercise with stretch bands– A 10:30 Brain Games - A 11:30 <i>Wheel of Fortune!</i> – A 1:00 Painting Expressions - N 2:00 Music Sing-a-long - N 3:00 Game time - A 4:15 Wii Bowling League - A 6:00 Feature Movie Presentation	<b>23</b> 9:30 Music for the Soul - N 10:00 On this day in History - N 10:30 Fitness Challenge - N 11:00 You be the Judge - N 11:30 Word Games - N 1:00 Trivia Challenge - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M	<b>24</b> 9:30 Rock ‘n’ Roll classics - N 10:00 Church Service 10:30 Workout Wednesday - N 11:00 Mad Lib Fun- N 12:00 Nok Hockey Tournament - N 1:30 Horse Racing - N 2:30 Jewelry making - C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>25</b> 9:30 Music Relaxation - N 10:00 Current Events - N 10:30 Cardio Exercises - N 11:00 Finish the Lyrics - N 11:30 Crosswords - N 1:30 Name 5 - K 2:00 Karaoke sign along- A 3:00 Board Games - C 4:15 Wii <i>Family Feud</i> edition - K	<b>26</b> 9:30 Music of the 80’s -M <b>10:00 Pet Therapy with Kiowa</b> 10:30 Ball therapy exercises – M 11:00 Synonyms – M 11:30 Hang Man – M 12:00 <i>The Million Dollar Pyramid</i> - M 1:30 Name the tune - K 2:00 <i>The Price is Right</i> - K 3:30 Card Games - K 4:15 Wii Bowling League - K	<b>27</b> 9:30 Soulful sounds - K 10:30 Saturday morning stretch - K 11:00 Brain strengthening games- K 11:30 <i>Wheel of Fortune</i> - K 1:00 Art Therapy – M 2:00 <i>Are you smarter than a 5<sup>th</sup> grader?</i> - M 3:15 BINGO - M 4:15 Wii <i>Family Feud</i> edition – M
<b>28</b> 9:30 Dance to the Music 10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> – C 11:00 Family Feud - C 11:30 Wacky Wordies - C 1:00 Art Therapy 2:00 Afternoon at Belmont Racetrack - C 3:15 <i>Deal or No Deal</i> - C 4:15 <i>Hollywood Squares</i> - C	<b>29</b> 9:30 Morning Sounds - A 10:00 Exercise with stretch bands- A 11:00 Brain Games - A 11:30 <i>Wheel of Fortune!</i> – A 1:00 Painting expressions - N 2:00 Music Sing-a-long - N 3:00 Game time - A 4:15 Wii Bowling League - A 6:00 Feature Movie Presentation	<b>30</b> 9:30 Music for the Soul - N 10:00 Fitness Challenge- N 10:30 On this day in History - N 11:00 You be the Judge - N 11:30 Word Games - N 1:00 Trivia Challenge - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Wii <i>Family Feud</i> edition - M	<b>31</b> 9:30 Sounds of Halloween - N 10:00 Church Service 10:30 Workout Wednesday - N <b>Halloween Monster Bash!</b> Enjoy Halloween themed games, treats and more all day long! <b>2:00- 3:00 Entertainment - New York to Hollywood</b>			

**Resident Council Meeting:  
Wednesday October 17<sup>th</sup>  
at 11:30 AM**

*All Activities are located in the  
Main Activity Room unless  
otherwise specified*



\*ALL ACTIVITIES ARE SUBJECT TO CHANGE\*  
PLEASE CONTACT CASEY, YOUR RECREATION DIRECTOR,  
WITH ANY QUESTIONS, COMMENTS, OR CONCERNS!