



# December 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>BIRCHWOOD RECREATION CALENDAR</b> ACTIVITY LEADER KEY: C = CASEY N = NATASHA M = MARGARET A = ADAM	<i>All Activities are located in the Main Activity Room unless otherwise specified</i>	<b>Resident Council Meeting: Wednesday December 19<sup>th</sup> at 11:30 AM</b>				<b>1</b> 9:30 Soulful sounds - A 10:00 Saturday morning jam session- A 11:00 Brain strengthening games- A 11:30 <i>Wheel of Fortune</i> - A 1:00 Book Club - N 2:00 Craft Corner - N 3:00 BINGO - N 4:15 Rummikub - N	
<b>2</b> 9:30 Hanukkah Classics - A 10:00 Chair Yoga - A 10:30 <i>Jeopardy!</i> - A 11:00 Wacky Wordies - A 12:00 Card Games - A 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:30 <i>Deal or No Deal</i> - C 4:15 Picture Pursuit - C	<b>3</b> 9:30 Morning Sounds - N 10:00 Current Events - N 10:30 Exercise with stretch bands - N 11:15 Word Games - N 1:00 Musical Alphabet - A 2:00 Trivia Challenge - A 3:00 BINGO - A 4:15 Wii Bowling League - A 6:00 Feature Movie Presentation	<b>4</b> 9:30 Music for the Soul - N 10:00 Global Good News - N 10:30 Fitness Challenge - N 11:00 Rosary 11:30 Word Games - N 1:00 <i>Wheel of Fortune</i> - C 2:00 Musical sing-along - C 3:00 Mad Libs - C 4:15 <i>Wii Family Feud</i> - C	<b>5</b> 9:15 Rock 'n' Roll classics 9:45 Church Service 10:15 Workout Wednesday - C 11:00 Family Feud - C 12:00 Hang Man - N 1:00 Run the Alphabet - C 2:30 Horse Racing - C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>6</b> 9:30 Music Relaxation - M 10:00 Cardio Exercises - M 10:30 You be the Judge- M 11:00 Crosswords - M 11:30 Nok Hockey tournament - M 1:30 Name 5 - C 2:00 Karaoke - C 3:00 Team Trivia - C 4:15 Left Right Center - C	<b>7</b> 9:30 Music of the 50's - M 10:00 On this day in History - M 10:30 Ball therapy exercises - M 11:00 Synonyms - M 12:00 <i>Jeopardy!</i> - M 1:30 Name the tune - A <b>2:00- 4:00 BIRTHDAY BASH Entertainment - John Bracco</b> 4:15 Wii Bowling League - A	<b>8</b> 9:30 Soulful sounds - A 10:00 Saturday morning jam session- A 11:00 Brain strengthening games- A 11:30 <i>Wheel of Fortune</i> - A 1:00 Book Club - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Rummikub - M 6:00 Feature Movie Presentation	
<b>9</b> 9:30 Dance to the Music 10:00 Chair Yoga - M 10:30 <i>Jeopardy!</i> - M 11:00 Wacky Wordies - M 12:00 Card Games - N 1:00 Art Therapy - M 2:00 Afternoon at Belmont Race track - M 3:30 <i>Hollywood Squares</i> - M 4:15 Picture Pursuit - M	<b>10</b> 9:30 Morning Sounds - N 10:00 Current Events - N 10:30 Exercise with stretch bands - N 11:15 Word Games - N 1:00 Musical Alphabet - A 2:00 Trivia Challenge - A 3:00 BINGO - A 4:15 Wii Bowling League - A 6:00 Feature Movie Presentation	<b>11</b> 9:30 Music for the Soul - N 10:00 Global Good News - N 10:30 Fitness Challenge - N 11:00 Rosary 11:30 Word Games - N 1:00 Musical sing-along - C <b>2:00 Pet Therapy with Ken the Goldendoodle</b> 3:00 Mad Libs - C 4:15 <i>Wii Family Feud</i> - C	<b>12</b> 9:15 Rock 'n' Roll classics 9:45 Church Service 10:15 Workout Wednesday - C 11:00 Family Feud - C 12:00 Hang Man - N 1:00 Run the Alphabet - C 2:30 Horse Racing - C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C <b>6:15 Cub Scout Caroling</b>	<b>13</b> 10:00 Cardio Exercises - M 11:00 Finish the Phrase - M 10:30 Crosswords - M 11:30 Nok Hockey tournament - M 1:30 Name 5 - C 2:00 Karaoke - C 3:00 Team Trivia - C 4:15 Left Right Center - M <b>6:00-9:00 Birchwood Holiday Party</b>	<b>14</b> 9:30 Music of the 60's - M 10:00 On this day in History - M 10:30 Ball therapy exercises - M 11:00 Synonyms - M 12:00 <i>Jeopardy!</i> - M 1:30 Name the tune - A 2:00 Coffee house performance - A 3:30 Card Games - A 4:15 Wii Bowling League - A	<b>15</b> 9:30 Soulful sounds - A 10:00 Saturday morning jam session -A 11:00 Brain strengthening games- A 11:30 <i>Wheel of Fortune</i> - A 1:00 Book Club - M 2:00 Craft Corner - M 3:00 BINGO - M 4:15 Rummikub - M 6:00 Feature movie Presentation	
<b>16</b> 9:30 Dance to the Music 10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:00 <i>Deal or No Deal</i> - C 4:15 Picture Pursuit - C	<b>17</b> 9:30 Morning Sounds - N 10:00 Current Events - N 10:30 Exercise with stretch bands - N 11:15 Word Games - N 1:00 Musical Alphabet - A 2:00 Trivia Challenge - A 3:00 BINGO - A 4:15 Wii Bowling League - A 6:00 Feature Movie Presentation	<b>18</b> 9:30 Music for the Soul - N 10:00 Global Good News - N 10:30 Fitness Challenge - N 11:00 Rosary 11:30 Word Games - N 1:00 <i>Wheel of Fortune</i> - C 2:00 Musical sing-along - C 3:00 Mad Libs - C 4:15 <i>Wii Family Feud</i> - C	<b>19</b> 9:15 Rock 'n' Roll classics 9:45 Church Service 10:15 Workout Wednesday - C 11:00 Family Feud - C 12:00 Hang Man - N 1:00 Run the Alphabet - C <b>2:00 Entertainment - John Clancy</b> 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>20</b> 9:30 Music Relaxation - M 10:00 Cardio Exercises - M 10:30 You Be the Judge - M 11:00 Crosswords - M 11:30 Nok Hockey tournament - M 1:30 Name 5 - C 2:00 Karaoke - C 3:00 Team Trivia - C 4:15 Left Right Center - C	<b>21</b> 9:30 Music of the 70's - M 10:00 On this day in History - M 10:30 Ball therapy exercises - M 11:00 Synonyms - M 12:00 <i>Jeopardy!</i> - M 1:30 Name the tune - A 2:00 Coffee House Performance - A 3:30 Card Games - A 4:15 Wii Bowling League - A	<b>22</b> 9:30 Soulful sounds - A 10:30 Saturday morning jam session- A 11:00 Brain strengthening games- A 11:30 <i>Wheel of Fortune</i> - A 1:00 Book Club - M 2:00 Craft Corner - M 3:15 BINGO - M 4:15 Rummikub - M 6:00 Feature Movie Presentation	
<b>23</b> 9:30 Dance to the Music 10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 4:15 <i>Hollywood Squares</i> - C 4:15 Picture Pursuit - C	<b>24</b> 9:30 Christmas Music - N 10:00 Current Events - N 10:30 Exercise with stretch bands- N 11:15 Word Games - N 1:00 Musical Alphabet - A 2:00 Trivia Challenge - A 3:00 BINGO - A 4:15 Wii Bowling League - A 6:00 Feature Movie Presentation	<b>25</b> 9:30 Christmas classics - N 10:00 Global Good News - N 10:30 Fitness Challenge - N 11:00 Rosary 11:30 Word Games - N 1:00 <i>Wheel of Fortune</i> - C 2:00 Christmas sing-along - C 3:00 Mad Libs - C 4:15 Christmas movie marathon - C	<b>26</b> 9:15 Rock 'n' Roll classics 9:45 Church Service 10:15 Workout Wednesday - C 11:00 Family Feud - C 12:00 Hang Man - N 1:00 Run the Alphabet - C 2:30 Horse Racing - C 3:00 Musical Bingo - C 4:15 Wii Bowling League - C	<b>27</b> 9:30 Music Relaxation - M 10:00 Cardio Exercises - M 10:30 Finish the Phrase - M 11:00 Crosswords - M 11:30 Nok Hockey tournament - M 1:30 Name 5 - C 2:00 Karaoke - C 3:00 Team Trivia - C 4:15 Left Right Center - C	<b>28</b> 9:30 Music of the 80's - M <b>10:00 Pet Therapy with Kiowa</b> 10:30 Ball therapy exercises - M 11:00 Synonyms - M 12:00 <i>Jeopardy!</i> - M 1:30 Name the tune - A 2:00 Coffee House Performance - A 3:30 Card Games - A 4:15 Wii Bowling League - A	<b>29</b> 9:30 Soulful sounds - A 10:30 Saturday morning jam session - A 11:00 Brain strengthening games- A 11:30 <i>Wheel of Fortune</i> - A 1:00 Book Club - M <b>2:00 Entertainment - Mike Tomek</b> 3:15 BINGO - M 4:15 Rummikub - M	
<b>30</b> 9:30 Dance to the Music 10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:30 <i>Deal or No Deal</i> - C 4:15 Picture Pursuit - C	<b>31</b> 9:30 Morning Sounds - N 10:00 Current Events - N 10:30 Exercise with stretch bands- N 11:15 Word Games - N 1:00 Musical Alphabet - A <b>2:00 Entertainment - New York to Hollywood</b> 3:00 BINGO - A 4:15 Wii Bowling League - A	 <p><i>Birchwood Suites</i> Enhanced Assisted Living &amp; Memory Care Community</p>					<p><b>*ALL ACTIVITIES ARE SUBJECT TO CHANGE*</b>            PLEASE CHECK THE "DAY AT A GLANCE" DAILY SHEET OR CONTACT CASEY, YOUR RECREATION DIRECTOR, WITH ANY QUESTIONS, COMMENTS, OR CONCERNS!</p>