

# March 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BIRCHWOOD RECREATION CALENDAR</b> ACTIVITY LEADER KEY: C = CASEY N = NATASHA A = ADAM	<b>Resident Council Meeting: Wednesday March 20<sup>th</sup> at 11:30 AM</b>	<b>Daylight Savings time Sunday, March 10<sup>th</sup> 2019 at 2:00 AM</b>  Don't forget to set your clocks one hour forward!			1 10:00 On this day in History - A 10:30 Ball therapy exercises - A 11:00 Synonyms & Antonyms - A 12:00 <i>Wheel of Fortune</i> - A 1:00 Name the tune - A 2:00 Coffee house performance - A 3:30 Game time! - A 4:30 Wii Bowling League - A	2 10:00 Saturday morning stretch -A 11:00 Scattergories - A 12:00 <i>Deal or No Deal</i> - A 1:00 Mad Libs - A 2:00 Music Lounge with Adam - A 3:00 BINGO - A 4:30 Hang Man - A 6:00 Feature Movie Presentation
3	4	5	6	7	8	9
10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:30 Hollywood Squares - C 4:30 Picture Pursuit - C	10:00 Hot topics discussion - N 10:30 Exercise with stretch bands - N <b>11:00 Inside Stroll and Scenic Drive - C</b> 1:00 Run the Alphabet: Music - A 2:00 Pop Culture Trivia Challenge - A 3:00 BINGO - A 4:30 Wii Bowling League - A 6:00 Feature Movie Presentation	10:00 What's happening on L.I.? - N 10:30 Fitness Challenge - N 11:30 Pokeno - N 1:00 <i>Wheel of Fortune</i> - C 2:00 Paint & Sip - C 3:30 Family Feud - C 4:30 Rummikub - N 6:00 Feature Movie Presentation	<b>9:45 Church Service</b> 10:15 Global Good News - N 11:00 Workout Wednesday - N 12:00 Scrabble - N 1:15 Dancing through the Decades- C 2:00 Horse Racing - C 3:00 Musical Bingo - C 4:30 Wii Bowling League - C	10:00 Cardio Exercises - C 10:30 Name 5 - C 11:00 Boggle - C 12:00 "Fireside" chats - C 1:30 Horoscopes - A 2:00 Musical Sing-along- A 3:00 Team Trivia - A 4:30 Independent card games - A	10:00 On this day in History - A 10:30 Ball therapy exercises - A 11:00 Synonyms & Antonyms - A 12:00 <i>Wheel of Fortune</i> - A 1:00 Name the tune - A <b>2:00- 4:00 BIRTHDAY BASH Entertainment - The New Yorkers</b> 4:30 Wii Bowling League - A	10:00 Saturday morning stretch- A 11:00 Scattergories - A 12:00 <i>Deal or No Deal</i> - A 1:00 Mad Libs - A 2:00 Music Lounge with Adam- A 3:00 BINGO - A 4:30 Hang Man - A 6:00 Feature Movie Presentation
10	11	12	13	14	15	16
10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:30 <i>Are you Smarter than a 5<sup>th</sup> grader</i> - C 4:30 Picture Pursuit - C	10:00 Hot topics discussion - N 10:30 Exercise with stretch bands - N 11:15 Crosswords - N 1:00 Run the Alphabet: Names - A 2:00 Global Trivia Challenge - A 3:00 BINGO - A 4:30 Wii Bowling League - A 6:00 Feature Movie Presentation	10:00 Fitness Challenge - N 10:30 Craft Corner - N 11:30 Pokeno - N 1:00 <i>Wheel of Fortune</i> - C <b>2:00 Visit with Therapy Dogs of LI</b> 3:00 Family Feud - C 4:30 Rummikub - N 6:00 Feature Movie Presentation	<b>9:45 Church Service</b> 10:15 Global Good News - N 11:00 Workout Wednesday - N 12:00 Scrabble - N 1:15 Dancing through the Decades- C 2:00 Horse Racing - C 3:00 Musical Bingo - C 4:30 Wii Bowling League - C	10:00 Cardio Exercises - C 10:30 Name 5 - C 11:00 Boggle - C 12:00 "Fireside" chats - C 1:30 Horoscopes - A 2:00 Musical sing-along - A 3:00 Team Trivia - A 4:30 Independent card games - A	10:00 On this day in History - A 10:30 Ball therapy exercises - A 11:00 Synonyms & Antonyms - A 12:00 <i>Wheel of Fortune</i> - A 1:00 Name the tune - A 2:00 Coffee house performance - A 3:00 Game time! - A 4:30 Wii Bowling League - A	10:00 Saturday morning stretch -A 11:00 Scattergories - A 12:00 <i>Deal or No Deal</i> - A 1:00 Mad Libs - A <b>2:00 Entertainment-George Maselli</b> 3:00 Hand Man - A 6:00 Feature Movie Presentation
17	18	19	20	21	22	23
10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:30 <i>Hollywood Squares</i> - C 4:30 Picture Pursuit - C	10:00 Hot topics discussion - N 10:30 Exercise with stretch bands - N <b>11:00 Inside Stroll and Scenic Drive - C</b> 1:00 Run the Alphabet: Animals - A 2:00 Spring Trivia Challenge - A 3:15 BINGO - A 4:30 Wii Bowling League - A 6:00 Feature Movie Presentation	10:00 What's happening on L.I.? - N 10:30 Fitness Challenge - N 11:30 Pokeno - N 1:00 <i>Wheel of Fortune</i> - C 2:00 Paint & Sip - C 3:30 Family Feud - C 4:30 Rummikub - N 6:00 Feature Movie Presentation	<b>9:45 Church Service</b> 10:15 Global Good News - N 11:00 Workout Wednesday - N 12:00 Scrabble - N 1:15 Dancing through the Decades- C <b>2:00 Entertainment - John Clancy</b> 3:00 Musical Bingo - C 4:30 Wii Bowling League - C	10:00 Cardio Exercises - C 10:30 Name 5 - C 11:00 Boggle - C 12:00 "Fireside" Chats - C 1:30 Horoscopes - A 2:00 Musical sing-along - A 3:00 Team Trivia - A 4:30 Independent card games - A	<b>10:00 Pet Therapy with Kiowa</b> 10:30 Ball therapy exercises - A 11:00 Synonyms & Antonyms - A 12:00 <i>Wheel of Fortune</i> - A 1:00 Name the tune - A 2:00 Coffee House Performance - A 3:30 Game time! - A 4:30 Wii Bowling League - A	10:30 Saturday morning stretch- A 11:00 Scattergories - A 12:00 <i>Deal or No Deal</i> - A 1:00 Mad Libs - A 2:00 Music lounge with Adam - A 3:15 BINGO - A 4:30 Hang Man - A 6:00 Feature Movie Presentation
24	25	26	27	28	29	30
10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race Track - C 3:30 <i>Are you Smarter than a 5<sup>th</sup> grader</i> - C 4:30 Picture Pursuit - C	10:00 Hot topics discussion - N 10:30 Exercise with stretch bands- N 11:15 Crosswords - N 1:00 Run the Alphabet: Occupations - A 2:00 Music Trivia Challenge - A 3:00 BINGO - A 4:30 Wii Bowling League - A 6:00 Feature Movie Presentation	10:00 Fitness Challenge - N 10:30 Craft Corner - N 11:30 Pokeno - N 1:00 <i>Wheel of Fortune</i> - C <b>2:00 Visit with Therapy Dogs of L.I.</b> 3:30 Family Feud - C 4:30 Rummikub - N 6:00 Feature Movie Presentation	<b>9:45 Church Service</b> 10:15 Global Good News - N 11:00 Workout Wednesday - N 12:00 Scrabble - N 1:15 Dancing through the Decades- C 2:00 Horse Racing - C 3:00 Musical Bingo - C 4:30 Wii Bowling League - C	10:00 Cardio Exercises - C 10:30 Name 5 - C 11:00 Boggle - C 12:00 "Fireside" Chats - C 1:30 Horoscopes - A 2:00 Musical sing-along - A 3:00 Team Trivia - A 4:30 Independent card games - A	10:00 On this day in History - A 10:30 Ball therapy exercises - A 11:00 Synonyms & Antonyms - A 12:00 <i>Wheel of Fortune</i> - A 1:00 Name the tune - A <b>2:00 Entertainment - Nina Etc.</b> 3:30 Game time! - A 4:30 Wii Bowling League - A	10:30 Saturday morning stretch- A 11:00 Scattergories - A 12:00 <i>Deal or No Deal</i> - A 1:00 Mad Libs - A 2:00 Music lounge with Adam - A 3:15 BINGO - A 4:30 Hang Man - A 6:00 Feature Movie Presentation
31	<i>* All Activities are located in the Activity Room unless otherwise specified on the Day at a Glance sheet in the Elevator *</i>					31
10:00 Chair Yoga - C 10:30 <i>Jeopardy!</i> - C 11:00 Wacky Wordies - C 12:00 Card Games - N 1:00 Art Therapy - C 2:00 Afternoon at Belmont Race track - C 3:30 Hollywood Squares - C 4:30 Picture Pursuit - C	<p style="text-align: center; font-size: 0.8em;">Enhanced Assisted Living &amp; Memory Care Community</p>					<p style="font-size: 0.8em;">*ALL ACTIVITIES ARE SUBJECT TO CHANGE*</p> <p style="font-size: 0.8em;">PLEASE CHECK THE "DAY AT A GLANCE" DAILY SHEET IN THE ELEVATOR OR CONTACT CASEY, YOUR RECREATION DIRECTOR, WITH ANY QUESTIONS, COMMENTS, OR CONCERNS!</p>